



If it doesn't challenge you, it can't change you.

At HPRS our mission is to affect positive social change through a series of races where we challenge each participant physically, mentally, and spiritually by utilizing the need to overcome adversity as a tool for becoming more self-reliant and resilient. All of our events are designed to provide these opportunities in a community where adventure and accountability are valued.

This Full Value Contract serves as a set of guidelines for all members of the HPRS community to help define how our group will move forward to meet its individual and collective goals.

Our commitment is defined by these guiding principles:

- **Challenge by Choice:** With Challenge by Choice comes respect for all thoughtful choices and we respect your decision to take on as much, or as little as you so choose, keeping in mind the rules and policies of each unique event.
- **Building Respect Locally:** We design our races with the utmost respect for our runners, local residents, businesses and local and federal land management agencies.
- **Connecting through Community:** We encourage all of our runners and volunteers to forge new friendships, share stories, and care for each other. After all, we are all in this together.
- **Commitment to Equality in Sport:** We celebrate the efforts of all our participants equally by focusing on providing a quality experience for all.

We will work to provide the following for our community:

- A human first approach to events that focuses on memorable experiences
- Experienced leadership to develop and guide each of our events
- Respectful and supportive environment that fosters room for personal growth
- Clearly marked race course and well stocked aid stations that provide runners with what they need to be successful
- Supportive race community that understands and values the Challenge by Choice model

We would ask for the following from our community:

- Understanding of the Challenge by Choice model (Detailed in your race informational email)
- Acceptance of personal responsibility from initial sign up through race day
- Engaging fully in the race experience in a positive manner
- Mindfulness when engaging the community you are a part of
- [Respecting that what HPRS is doing is different than what you may be used to](#)

This contract acknowledges the value of all the members of our community and their contributions as we work towards our goals and seek to unlock human potential.