



## Razorback Running Revival Aid Stations

Aid Station Name	Mileage		(D)rop Bags <b>No Crews Allowed!</b>
	50 Mile	50k	
Old Locke 1	8.7	8.7	
<b>White Rock 1</b>	16.25	16.25	D <b>10:30a/12:00p STRICT Cut-offs</b>
Potato Knob	19.8		
Shores Lake	27.3		D <b>1:45pm Cut-off</b>
<b>White Rock 2</b>	32.4		D <b>3:00pm STRICT Cut-off</b>
Old Locke 2	40	24.75	<b>5:15pm STRICT Cut-off</b>
<b>Finish</b>	<b>49.6</b>	<b>33.3</b>	<b>All Races 8pm Cut-off</b>
<b>Cutoffs/Avg. Pace</b>	<b>14 Hours/16:56 min mi</b>	<b>12 Hours/21:37 min mi</b>	

**10-Mile Runners** will enjoy 1 aid station about halfway through their race. This aid station will feature water, electrolytes, and light ultra snacks (candies, cookies, pretzels, chips, fruit, etc.). **35:59 min mi. average pace needed to complete the 10-mile.**