



Silverheels 100-Mile Endurance Run Aid Stations

	Aid Station Name	Mileage	(D)rop Bags, (C)rews, (W)ater Only
1	Alma	5.1	W
2	High Park I	8.9	
3	Silverheels Mine I	11.4	W
4	High Park II	13.8	
5	Poor Mans Gulch I	20.75	11:00a Saturday C, D
6	Crooked Creek I	30	W
7	Trout Creek I	33.9	
8	Tarryall I	38.6	4:00p Saturday C, D
9	Gold Dust I	41.2	
10	Halfway Gulch**	47.2	
11	Gold Dust II	53.2	
12	Tarryall II	55.8	11:00p Saturday C, D, PACERS
13	Camp Como	60.2	C
14	Tarryall III	64.7	3:00a Sunday C, D, PACERS
15	Trout Creek II	69.5	
16	Crooked Creek II	73.4	W
17	Poor Mans Gulch II	82.5	8:45a Sunday C, D, PACERS
18	High Park III	89.5	
19	Silverheels Mine II	91.9	W
20	High Park IV	94.3	
21	Alma	98.2	W
	Finish - Fairplay	103.2	4:00p Sunday C, D

Average Pace Needed to Finish Sub-36 Hours = 20:55 min/mi.